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Presoak of NuPAGE gels for Western transfer of large proteins

For more consistent Western transfer of larger proteins, Invitrogen recommends the following before Western transfer:

1) Presoak NuPAGE gel for 10 min in:

2x transfer buffer + 0.02% SDS (no MeOH required)

2) For transfer buffer, use:

1.25x transfer buffer

5% MeOH

0.01% SDS

Transfer @ 30V for 1 hr

Works well for medium - large proteins and does not seem to affect transfer of tested smaller proteins.