#### **Bone Marrow Morphology**

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## Bone Marrow Components

- 1. (Peripheral Blood)
- 2. Aspirate smears or touch preparations
- 3. Core/Trephine biopsy

# 1 - Peripheral Blood

- Wright-stained slides
- Used for the assessment of:
  - Cytopenias or cytoses
  - Distribution of leukocytes
  - Circulating blasts or other atypical cells

## 2 – Aspirate Smears

- Wright Stained cover slips or slides
- Used for assessment of:
  - Adequacy
  - Rough estimate of cellularity
  - Presence of trilineage hematopoiesis and maturation
  - Morphology
  - Populations that don't belong
  - Enumeration
    - Myeloids, erythroids, lymphocytes, plasma cells, blasts
    - Myeloid to erythroid ratio

Low Power

- Cellularity
- Adequacy
- Megakaryocytes

Megakaryocytes

Spicules

#### Medium Power

- Trilineage hematopoiesis
  - Morphology

2) Basophilic Normoblast

> 3) Polychromatophilic Normoblast

#### 1) Pronormoblast

4) Orthochromic Normoblast

#### **Erythroid Maturation**

5) Band

1-2) Blasts / Promyelocyte

3) Myelocyte

2) Promyelocyte

4) Metamyelocyte

**Myeloid Maturation** 

Lymphocyte

Plasma Cell

Miscellaneous

# 3 – Core Biopsy

Used for the assessment of:

- More precise estimate of cellularity
- Marrow architecture
- Populations that don't belong

- Low PowerCellularity
  - Populations that don't belong

Medium PowerArchitecture

58

Paratrabecular

Interstitial

Immature myeloids start paratrabecular and mature into the interstitum

1.80

Erythroids cluster together in the interstitum

### Case 1

40-year-old man who presents with marked leukocytosis and splenomegaly

Hypercellular aspirate

- M:E ratio is 10:1
- Complete myeloid maturation

2 3 1 1 1 1 1

Small megakaryocytes

Cellularity is > 95%

Expansion of immature myeloids from the paratrabecular region into the interstitium Case 1 Diagnosis?

# Chronic Myelogenous Leukemia (CML)

#### Case 2

40-year-old woman with disseminated intravascular coagulation

Peripheral blood shows atypical mononuclear cells with "butterfly" nucleus and granules

Bone marrow shows an increase in atypical promyelocytes and decreased trilineage hematopoiesis



Case 2 Diagnosis?

# Acute Promyelocytic Leukemia (APL)

#### Case 3

60-year-old woman with leukocytosis, anemia, and thrombocytopenia

Peripheral blood shows atypical mononuclear cells Bone marrow was inaspirable, so touch preparations were made....

- Monotonous population of mononuclear cells
- Absence of trilineage hematopoiesis

Blasts with smooth chromatin, prominent nucleoli and Auer rods

Hypercellular marrow composed of sheets of blasts Case 3 Diagnosis?

#### Acute Myeloid Leukemia

#### Case 4

# 5-year-old boy with shortness of breath and eosinophilia

Hypercellular aspirate

- Decreased trilineage hematopoiesis
- Monotonous population of mononuclear cells

Increase in blasts with very high nuclear to cytoplasmic ratios

Some blasts have pinched nuclear contours – "hand mirror" sign

Blasts with irregular nuclear contours on the core biopsy

Case 4 Diagnosis? T Lymphoblastic Leukemia/Lymphoma (T-ALL)

#### Case 5

# 5-year-old boy with shortness of breath and jaw mass

Cellular marrow

- Decreased to absent trilineage hematopoiesis
- Monotonous population of mononuclear cells

- Very high nuclear to cytoplasmic ratios
- Coarser chromatin
- Deep basophilic cytoplasm
- Vacuoles



- Hypercellular marrow
- Monotonous infiltrate
- "Starry Sky" Appearance

Watson N, et al. J Blood Disord. 2014;1(3): 4

Case 5 Diagnosis?

## Burkitt Lymphoma

## Summary

- Bone marrow studies are composed of 3 components
  - Peripheral smear, aspirate or touch preparations, core biopsy
- An understanding of normal marrow can help you spot abnormalities
- Morphologic features, although not always specific, can guide you to the right diagnosis.