The coronavirus continues to spread worldwide. Here are three simple steps to stay informed, prepare your family, and do your part to protect others.

**FIRST: FOLLOW THE DATA**

- The percentage COVID-19 cases in Yakima County is more than three times higher than the state average (6.8% vs. 23.3%, as of 5/26/20).
- The percentage COVID-19 cases in Yakima County is higher than neighboring counties (Benton, Grant, Kittitas, Klickitat, Lewis, and Skamania)
- This means COVID-19 is spreading faster in your community.

<table>
<thead>
<tr>
<th>County</th>
<th>Confirmed Cases</th>
<th>Deaths</th>
<th>Percent Positive</th>
<th>Percent of deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>All counties (WA State)</td>
<td>17,122</td>
<td>945</td>
<td>6.8%</td>
<td>5.5%</td>
</tr>
<tr>
<td>Yakima</td>
<td>3,008</td>
<td>91</td>
<td>23.3%</td>
<td>3.0%</td>
</tr>
<tr>
<td>Benton</td>
<td>727</td>
<td>59</td>
<td>15.2%</td>
<td>8.1%</td>
</tr>
<tr>
<td>Grant</td>
<td>190</td>
<td>4</td>
<td>8.5%</td>
<td>2.1%</td>
</tr>
<tr>
<td>Kittitas</td>
<td>75</td>
<td>0</td>
<td>5.2%</td>
<td>N/A</td>
</tr>
<tr>
<td>Klickitat</td>
<td>24</td>
<td>6</td>
<td>3.7%</td>
<td>12.5%</td>
</tr>
<tr>
<td>Lewis</td>
<td>35</td>
<td>3</td>
<td>1.6%</td>
<td>8.6%</td>
</tr>
<tr>
<td>Skamania</td>
<td>3</td>
<td>0</td>
<td>1.1%</td>
<td>N/A</td>
</tr>
</tbody>
</table>

a = confirmed cases/total number of tests
b = deaths/confirmed cases


**SECOND: FOLLOW THE INFORMATION SUPPORTED BY SCIENCE**

- What the science says about how to prevent yourself from getting sick:

  **Wash your hands** often with soap and water for at least 20 seconds and avoid touching your face with unwashed hands.

  **Stay at home** as much as possible, and if you are sick, and avoid close contact with people who are sick.

  **Cover your cough** or sneeze with the inside of your elbow or tissue and throw used tissues in the trash. Immediately wash your hands.

  **Clean and disinfect** frequently touched surfaces, such as tables, doorknobs, light switches, countertops, faucets, and phones.

  **Don’t have visitors** unless they need to be in your home.

Created 05/26/2020
SECOND: FOLLOW THE INFORMATION SUPPORTED BY SCIENCE
• What the science says about how to keep yourself safe when you go outside your home:

- Stay at least 6 feet away from others. To help you visualize what 6 feet looks like, picture the length of a door, mattress, dining room table, or sofa.

- Avoid public transportation, ride-sharing, or taxis. Don’t ride in a car with members of different households. **(Please see the note below)**

- Don’t touch frequently touched surfaces in public areas, such as elevator buttons and handrails.

- Wear a cloth face mask that covers your nose and mouth. * (Please see the note below)

- Get deliveries and takeout and limit in-person contact as much as possible. **(Please see the note below)**

THIRD: CORRECT MISINFORMATION
• Here are some examples of misinformation. For more go to: World Health Organization/myth-busters

NOTES

**Not everyone can avoid taking public transportation and order grocery or meal deliveries. But experts recommend limiting these activities to the extent that you are able and always wear a mask when you go outside home.